
Volunteer Roles at BIDMC

R = Remote or remote optional

N/A = Not Available (will be placed on waitlist if interested)

N/A Agress Summer Health Corps Program
The Agress Summer Health Corps Program is an educational volunteer program for high school students that are currently sophomores, and juniors. The six weeks program is in session Monday through Thursday, 9 a.m. - 2 p.m. Through this program teens can explore health care careers while gaining experience in a hospital setting.



Bowdoin St. Community Health Center Volunteer
Volunteers support our satellite clinic with special projects. Currently they need volunteers to sort bags of groceries, and boxes of fruits and vegetables, set up packages in a designated space at the health center, and assist recipients with groceries. (Spanish, Portuguese, and/or Cape Verdean Creole speaking volunteers esp. needed)
(Eligible volunteers are 18+)



N/A Brain Builders Volunteer
Volunteers provide socially, emotionally and cognitively enriching environments for patients with traumatic brain injury (TBI) and other neurological conditions, including stroke, dementia, aneurysm, Parkinson's and neurosurgery. *(Eligible volunteers are 18+)*



N/A R Cardiac Clinic Telehealth Helper
Volunteers contact patients by phone that have telehealth appointments in the Cardiac Structural Heart clinic and assist them with logging on to the zoom link. Patients may need help with finding the link, downloading zoom, etc. The volunteer can listen in to make sure there are no tech issues during the call, while also gaining valuable shadowing experience.
(Eligible volunteers are 18+)



N/A Eucharistic Ministers
Volunteers serve as Extraordinary Ministers of Holy Communion. This role is open to people who are active members of a Roman Catholic parish. Visits may involve connecting compassionately and praying with patients. Training is provided by one's parish and the Spiritual Care Department. *(Eligible volunteers are 18+)*



GI Unit Volunteer
Volunteers assist with patient check in, patient escort and transport, delivering items to patients, and clerical duties. This opportunity offers a blend of patient interaction and clerical experience. Weekdays only. *(Eligible volunteers are 15+)*



Healing Hands – Hand Massage Volunteer
Volunteers visit patients and staff members on different floors to give a gentle hand massage in 10-15minute sessions. Hand massage has been shown to lower anxiety and discomfort and improve the patient experience. This opportunity offers patient interaction and provides hand massage training/shadowing by a current hand massage volunteer.
(Eligible volunteers are 18+)



N/A Maternity Volunteer
Volunteers assist with stocking rooms, creating baby bags and NICU kits, creating patient packets, and delivering items to patients who are pre- or post-delivery of their babies. Patient interaction is minimal but volunteers get exposed to maternity unit operations.
(Eligible volunteers are 15+)



N/A R Mental Health App – Evaluator
Using an algorithm, volunteers evaluate mental health apps, help maintain the database, and have the opportunity to teach patients at BIDMC and those on the psychiatry inpatient unit about mental health apps. Hybrid or remote.
(Eligible volunteers are 15+)



R Mental Health App – Digital Clinic Navigator
Volunteers assist patients who are receiving smartphone-based mental health support through the Digital Clinic of the Psychiatry Department with: downloading and using the app, troubleshooting, and answering questions. Volunteer may also assist with patient recruitment. 5-hr commitment/week.
(Eligible volunteers are 15+)



OR Volunteer

Volunteers will help escort people from Pre-op to PACU or from OR to floor. They will also pick up items in lobby, help with wiping down beds. Additional work are stock carts, make beds, make patient packets, escort patients to their rides, and collect patient belongings to return to patients. *(Eligible volunteers are 18+)*



PACU Volunteer

Volunteers assist staff in post-operative care unit to deliver food and drinks to patients, stock carts, make beds, make patient packets, escort patients to their rides, and collect patient belongings to return to patients. *(Eligible volunteers are 18+)*



N/A Patient Companion
Volunteers keep patients company, talk with them, play music, play games, or anything to pass the time. The program offers patients the opportunity for companionship and a supportive presence during their stay. The program is also designed to offer respite and relief to a family members and friends who are unable to provide round-the-clock companionship. Volunteers provide comfort and friendship for patients who are lonely, lack family visitors, long-stay patients and/or are in end of life. *(Eligible volunteers are 18+)*



N/A Patient Experience Volunteer
Volunteers take a cart to inpatient units and offer patients and family members reading material, puzzle books, reading glasses, cards, chargers, and other items to enhance their experience at BIDMC. Volunteers may also spend time with patients who can benefit from a friendly visitor. Afternoons and evenings. Can be done in pairs if 2 people wish to volunteer together.
(Eligible volunteers are 15+)



N/A Pharmacy Volunteer
Volunteers assist with inventory, logging of refrigerator temperatures, checking dates, and helping maintain clean and organized pharmacy shelving and work areas. Ideal for a student interested in a pharmacy career.
(Eligible volunteers are 18+)



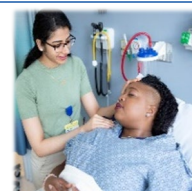
R Pillow Makers and Knitters

Volunteers are needed to sew heart-shaped comfort pillows used by breast cancer patients recovering from surgery, as well as small hearts or sachets to be given out by volunteers who visit with patients. We also need volunteers to knit comfort shawls, which are given to patients to help provide comfort and compassion. *(Eligible volunteers are 15+)*



Reiki Volunteer

Trained Reiki volunteers provide Reiki sessions to patients throughout the hospital to patients and staff members, giving them with a few quiet moments to refocus and relax. Volunteers must have 6 months experience providing Reiki. *(Eligible volunteers are 18+)*



N/A Shapiro 9 Infusion Suite Volunteer

Infusion Suite volunteers provide a warm and caring presence for the patients undergoing chemotherapy and their family/friends. They welcome each patient, offer coffee, snacks, and warm blankets *(Eligible volunteers are 18+)*



Simulated Family Member

Volunteers assist with education of medical residents who are learning about communicating with families of critically ill patients. Volunteers will participate in a role play with interns which will simulate family meetings. Volunteers may be asked to provide feedback about how the conversation felt. 8 – 9 AM on Wednesdays, 2-3 times a month. *(Eligible volunteers are 18+)*

