

# Volunteer Opportunity Descriptions

*(Please note- we do not always have openings for all roles)*

## **Courtesy Cart Volunteer**

Volunteers visit with patients on inpatient units and offer them reading material, newspapers, puzzle books, reading glasses, cards, and other items to make their stay at BIDMC more comfortable.



## **Food Services Volunteer**

Volunteers assist with various tasks in the food services department, including preparing trays, packaging food and utensils, rounding on patients and capturing patient experience feedback. Wonderful opportunity to learn about food services, nutritional health, hospitality, and quality improvement.



## **Pharmacy Volunteer**

Volunteers assist with inventory, logging of refrigerator temperatures, checking dates, and helping maintain clean and organized pharmacy shelving and work areas. Ideal for a student interested in a pharmacy career.



## **Antepartum/Postpartum Volunteer**

Volunteers assist with stocking rooms, creating baby bags and NICU kits, creating patient packets, and delivering items to patients who are pre- or post-delivery of their babies.



## **GI Unit Volunteer**

Volunteers assist with patient check in, patient escort and transport, delivering items to patients, and clerical duties. This opportunity offers a blend of patient interaction and administrative experience.



## **PACU Volunteer**

Volunteers assist staff in post-operative care unit to deliver food and drinks to patients, stock carts, make patient packets, coordinate patient transportation and escort patients to their rides, and collect patient belongings to return to patients.



## **Brain Builders Volunteer**

The aim of the Brain Builders volunteer program is to provide socially, emotionally and cognitively enriching environments for patients with traumatic brain injury (TBI) and other neurological conditions, including stroke, dementia, aneurysm, Parkinson's and neurosurgery.



### **Simulated Family Member**

Volunteers will participate in a role play which will simulate a family meeting with intern who is learning communication skills for critical care. Volunteers may be asked to provide feedback about how the conversation felt, from the perspective of a family member of an acutely ill patients.



### **Eucharistic Ministers**

Volunteers serve as Extraordinary Ministers of Holy Communion. This role is open to people who are active members of a Roman Catholic parish. Visits may involve connecting compassionately and praying with patients. Training is provided by one's parish and the Spiritual Care Department.



### **Vigil Volunteer**

Vigil Volunteers provide a supportive presence to patients nearing the end of life. The volunteer provides verbal or non-verbal support, which may include playing quiet music, reading, or just sitting with the patient.



### **Pillow Makers and Knitters**

Volunteers are needed to sew heart-shaped comfort pillows used by breast cancer patients who are recovering from surgery. We also need volunteers to knit comfort shawls, which are given to patients to help provide comfort and compassion.



### **Emergency Department Volunteer**

Volunteers provide administrative support in the Emergency Department; maintain ongoing communication with patients and the families of patients; respond to some of the comfort needs for patients; and inform patients and families of available resources to help with their non-medical needs.



### **Reiki Volunteer**

Trained Reiki volunteers provide Reiki sessions to patients throughout the hospital to patients and staff members, giving them with a few quiet moments to refocus and relax.



### **Agress Summer Health Corps Volunteer**

This is an educational hands-on program for high school students ages 15 through 17. The five weeks program is in session Monday through Thursday, 9 a.m. - 2 p.m. Through this program teens can explore various careers while gaining experience in a hospital setting. Applications for the following summer are available only in December of each year and the program is very competitive.



### **Music Volunteer**

The Volunteer Musician Program is designed to offer quality live instrumental music in our lobbies that supports a relaxing, pleasing, and personal experience for patients, families, and staff.



## The following roles are still on hold

### **Inpatient Unit Volunteer**

Unit Assistants volunteer on inpatient units, assisting in answering patient call lights and providing patients and families with resources to make their stay more comfortable, as well as stocking rooms and assisting with patient charts and information.



### **Patient to Patient, Heart to Heart Volunteers**

Patient to Patient, Heart to Heart is a peer support program whereby cancer survivors who have been through chemotherapy volunteer with patients currently receiving chemotherapy. Volunteers offer food and beverages, and offer friendly, supportive companionship.



### **Surgical Liaison and Concierges**

Volunteers provide a warm and caring presence for the waiting families of patients undergoing surgery. They provide updated information about the process of the patient, alert physicians who need to communicate with the families, and maintain communication between the PACU (Recovery) and the families.



### **Patient Experience Rounder**

Volunteers visit with patients and family members on inpatient units, learn about their experiences on the unit. With the permission of the patient/family member, this information is used try to improve the patient/family experience, as well as to recognize employees who are making a positive impact on the patient/family experience.



### **ICU Transition Guides**

Volunteers provide support and information to patients who are being transferred from an intensive care unit to a general unit. They review the call button, TV, light, and bed controls; room and floor layout; and how to order food. They give the families a tour of the new unit, an explanation of staff roles, and information about helpful resources.



## See next page for requirements

# Volunteer Roles and Requirements:

Role	Shifts Available	Minimum Weekly Commitment	Other Eligibility	Ages
Comfort Cart	Tuesdays, Wednesdays, or Saturdays, afternoons	3 hours, once per week	Available a minimum of 4 months	15 and up
Food Services	7 days/week 9 am – 8 pm; priority times are M, F, Sat and Sun from 9am – 12pm and 1pm – 5pm	4 hours, once per week	Available a minimum of 6 months	15 and up
Pharmacy Assistant	Thursday 10 – 2  After Aug 12: Mon 10 – 2 and 2 – 6 Wed 10 – 2 Fri 10 - 2	3 - 4 hours, once per week	Available a minimum of 4 months once per week. Existing volunteers can do shorter commitment.	18 and up
Antepartum/ Postpartum Helper	After Aug 12, Mon – Thurs, hours flexible	4 hours, once per week	Available a minimum of 6 months	15 and up
GI Unit Volunteer	Monday – Fri M-F, 9 am–1 pm; 1 pm– 5 pm	4 hours per week, once per week	Available a minimum of 6 months	15 and up
PACU Volunteer	Mon – Fri 9 am–1 pm; 1 pm–5 pm; 5 pm–8pm	4 hours per week, once per week	Available a minimum of 6 months	15 and up
Brain Builders	Mornings and Afternoons (No current availability in evenings)	2-3 hours per week, once per week	Available a minimum of 8 months; interest in neurology	18 and up
Simulated Family Member	Wednesday Mornings, 8 – 9 AM	3 Wednesdays per month	Available a minimum of 8 months	18 and up
Eucharistic Minister	Flexible	Weekly, 2 – 4 hours/week	Available a minimum of 6 months	Contact Jaime Riggs, <a href="mailto:jriggs1@bidmc.harvard.edu">jriggs1@bidmc.harvard.edu</a> , 617-667-3439 for details.
Vigil Volunteer	Flexible	2-3 hours, once per week between 3:30-8pm, and @ 1 hour of note-writing following shift.	Available a minimum of 8 months	21 and up or college graduate
Emergency Department	7 days/week	4 hours, once per week	Available a minimum of 6 months	15 and up
Reiki Volunteer	Tues - Fri	2 – 3 hours per week, twice per month	Available a minimum of 1 year	At least 6 months of Reiki practice experience Contact: Joyce Delgado, <a href="mailto:jdeldard@bidmc.harvard.edu">jdeldard@bidmc.harvard.edu</a> , 617-667-5831 for details.