
Available Volunteer Roles at BIDMC

R = Remote or remote optional

N/A = Not Available (will be placed on waitlist if interested)

Bowdoin St. Community Health Center Volunteer *Urgent Need*

This volunteer will play a vital part in our Healthy in the City Programming. Volunteers will support basketball clinic for ages 8-11 as a part of our Healthy in the City Programming. We have other staff who will lead the programming itself, this person will support and be an additional adult to ensure the safety and fun of the participants.



Healing Hands – Hand Massage Volunteer

Volunteers visit patients and staff members on different floors to give a gentle hand massage in 10-15minute sessions. Hand massage has been shown to lower anxiety and discomfort and improve the patient experience. This opportunity offers patient interaction and provides hand massage training/shadowing by a current hand massage volunteer.

(Eligible volunteers are 18+)



R

Pillow Makers and Knitters

Volunteers are needed to sew heart-shaped comfort pillows used by breast cancer patients recovering from surgery, as well as small hearts or sachets to be given out by volunteers who visit with patients. We also need volunteers to knit comfort shawls, which are given to patients to help provide comfort and compassion. *(Eligible volunteers are 15+)*



Reiki Volunteer

Trained Reiki volunteers provide Reiki sessions to patients throughout the hospital to patients and staff members, giving them with a few quiet moments to refocus and relax. Volunteers must have 6 months experience providing Reiki. *(Eligible volunteers are 18+)*



Simulated Family Member

Volunteers assist with education of medical residents who are learning about communicating with families of critically ill patients. Volunteers will participate in a role play with interns which will simulate family meetings. Volunteers may be asked to provide feedback about how the conversation felt. 8 – 9 AM on Wednesdays, 2-3 times a month. *(Eligible volunteers are 18+)*

